

## WIC NUTRITIONIST/ DIETITIAN

### DEFINITION

To perform high-risk Women, Infants and Children (WIC) follow-up and case management; to provide nutrition education planning, development, evaluation and quality control; to provide training and resource consultation to WIC clinic; to perform outreach with community and medical providers; and to perform related duties, as assigned.

### SUPERVISION RECEIVED AND EXERCISED

Receives direction from the WIC Coordinator.

### EXAMPLES OF DUTIES Duties may include, but are not limited to the following:

Assists in planning, developing, implementing and evaluating a nutrition program; provides quality control.

Provides high-risk participant follow-up and case management to clients.

Acts as trainer for the WIC program; trains staff in explaining the WIC program to participants, in order to ensure full utilization of maximum program benefits.

May give consultation to other programs regarding adequate nutrition and food service.

Assists in preparation and evaluation of nutrition education materials to be used; interprets use of materials.

Determines client eligibility through assessment of medical and nutritional risk, utilizing program criteria.

Acts as a liaison with community nutrition and food resources.

Performs nutritional assessment of diets for pregnant and lactating women, infants and children.

Provides direct dietary counseling to individuals and families with special dietary needs.

Assures prompt, courteous and adequate service for program applicants and participants.

LANE COUNTY  
WIC Nutritionist/Dietitian (Continued)

MINIMUM QUALIFICATIONS

Knowledge of:

High-risk nutrition counseling and case management of WIC clients.

Necessary principles and practices to provide nutrition education, planning, development and evaluation.

Evaluation methods of nutritional education materials.

Principles and practices of dietetics and nutrition and the ability to apply them to public health.

Recommended body-needs food requirements for various age, sex and activity groups, and others with special food requirements.

Available community resources.

Ability to:

Provide nutrition education, planning, development and evaluation.

Apply knowledge of foods and nutrition to develop individual nutritional intervention plans.

Analyze menus and diets for nutrition adequacy and to make comparative costs studies of foods in relation to nutritional value.

Understand and perform consultative educational and training processes necessary to carry out a nutritional program.

Train staff and be a nutrition consultant.

Communicate clearly and concisely, both orally and in writing.

Serve as liaison with medical providers, State WIC office personnel and others.

LANE COUNTY  
WIC Nutritionist/Dietitian (Continued)

Experience and Training

Training:

Equivalent to a Bachelor's degree from an accredited college or university with major coursework in foods and nutrition, dietetics or a related field.

Experience:

Two years of increasingly responsible experience in nutrition or dietetics.

Special Requirements

Registered Dietitian with the American Dietetic Association (ADA); or eligible for ADA registration and must pass exam within six months of appointment.

An equivalent combination of experience and training, demonstrating the required knowledge and abilities, is qualifying.