

Read

Articles and essays

[21 Racial Microaggressions You Hear On A Daily Basis](https://www.buzzfeed.com/hnigatu/racial-microaggressions-you-hear-on-a-daily-basis?utm_term=.ni4bRwobgw#.gwyda5vde5) by Heben Nigatu
https://www.buzzfeed.com/hnigatu/racial-microaggressions-you-hear-on-a-daily-basis?utm_term=.ni4bRwobgw#.gwyda5vde5

[America's wealth gap is split along racial lines — and it's getting dangerously wider](https://www.vox.com/identities/2016/8/18/12490452/wealth-gap-30-years) by Alvin Chang
<https://www.vox.com/identities/2016/8/18/12490452/wealth-gap-30-years>

[Answering White People's Most Commonly Asked Questions about the Black Lives Matter Movement](https://thebolditalic.com/where-do-i-donate-why-is-the-uprising-violent-should-i-go-protest-5cefeac37ef9) by Courtney Martin
<https://thebolditalic.com/where-do-i-donate-why-is-the-uprising-violent-should-i-go-protest-5cefeac37ef9>

[What Does BIPOC Stand For? Why It's Important You Know What That Phrase Means](https://www.msn.com/en-us/lifestyle/lifestyle-buzz/what-does-bipoc-stand-for-why-it-s-important-you-know-what-that-phrase-means/ar-BB15A1L2?ocid=msnews) by Meghan Jones
<https://www.msn.com/en-us/lifestyle/lifestyle-buzz/what-does-bipoc-stand-for-why-it-s-important-you-know-what-that-phrase-means/ar-BB15A1L2?ocid=msnews>

[Who Gets to Be Afraid in America?](https://www.theatlantic.com/ideas/archive/2020/05/ahmaud-arbery/611539/) by Ibram X. Kendi
<https://www.theatlantic.com/ideas/archive/2020/05/ahmaud-arbery/611539/>

Books

[A Black Women's History of the United States](#) by Daina Ramey Berry and Kali Nicole Gross
Bringing together many different stories and perspectives, Berry and Gross center Black women's stories in an effort to not only empower Black women but to educate their allies all the while celebrating and examining the meaning of Black womanhood.

[A People's History of the United States](#) by Howard Zinn
In this alternative textbook, Zinn presents another side of history that is rarely taught in the classroom.

[Americanah](#) by Chimamanda Ngozi Adiche
A masterful work of fiction, *Americanah* explores race and identity in America through the story of Ifemelu-- a successful academic who must face what it means to be black for the first time.

[An African American and LatinX History of the United States](#) by Paul Ortiz
In this novel, Ortiz traces more than 200 years of history placing African American, Latinx, and Indigenous voices at the forefront shifting the perspective of US history into one of the working class organizing against imperialism.

[An Indigenous People's History of the United States](#) by Roxanne Dunbar-Ortiz
Dunbar-Ortiz offers a history of the United States from the perspective of Indigenous peoples and highlights how Native Americans have resisted expansionist efforts by the United States.

[Just Mercy: A Story of Justice and Redemption](#) by Bryan Stevenson
From the founder of the Equal Justice Initiative, Stevenson details his coming of age as a young lawyer inspired to fight for justice and reform the criminal justice system.

[So You Want to Talk About Race](#) by Ijeoma Oluo

With each chapter outlining a different question on race in America, Oluo discusses her opinions and ways to talk about the issues.

The Men We Reaped by Jesmyn Ward

A powerful memoir where Ward describes the death of 5 black men in her life and comes to terms with the fact that while each death was seemingly unrelated, the fate of these men was predetermined by who they were and where they were from.

The Warmth of Other Suns by Isabel Wilkerson

Through the stories of several characters, Wilkerson chronicles the migration of black Americans who fled the South and went north and west in search of a better life.

White Fragility: Why It's So Hard for White People to Talk About Racism by Robin DiAngelo

A book about race relations and systems of oppression in the United States, DiAngelo uses her years of experience as a diversity trainer to discuss racism and “white fragility” or any defensive instincts/reactions a white person may have when asked about race or made to consider their own race.

Walking With the Wind: A Memoir of the Movement by John Lewis

A memoir about John Lewis’ life in the civil rights movement.

For parents and children

The Conscious Kid

An education, research, and policy organization dedicated to equity and promoting healthy racial identity development in youth

<https://www.theconsciouskid.org/books>

Books to Help School-Aged Children Understand Racism

<https://community.today.com/parentingteam/post/books-to-help-school-aged-children-understand-racism>

Listen

Podcasts

1619

This podcast from the New York Times explores how slavery has transformed America.

<https://www.nytimes.com/2020/01/23/podcasts/1619-podcast.html>

About Race

This hosts of this show hold a conversation “about the ways we can’t talk, don’t talk, would rather not talk, but intermittently, fitfully, embarrassingly do talk about culture, identity, politics, power, and privilege in our pre-post-yet-still-very-racial America.” <https://www.showaboutrace.com/>

Come Through with Rebecca Carroll

Join host Rebecca Carroll for 15 essential conversations about race in a pivotal moment for America. She talks to great thinkers, writers, and artists about faith, representation, white fragility, and how it’s all playing out in 2020. <https://www.wnycstudios.org/podcasts/come-through/about>

Pod for the Cause

Produced by the Leadership Conference on Civil and Human Rights, this podcast explores social issues by inviting experts and “friends in the movement” to teach listeners how to become change agents and engage in difficult, but necessary, dialogue. <https://civilrights.org/podforthecause/>

Seeing White

This 14 part documentary series tries to get at the root of where whiteness came from, its meaning, and what it stands for. <https://www.sceneonradio.org/seeing-white/>

Podcast episodes

Episode 214 on Armchair Expert: *Ibram X. Kendi*

Dax Shepard and Monica Padman interview the author of *How to Be an Antiracist*, Ibram X. Kendi, and discuss the definitions of racism vs. anti-racism, the police system, and how to educate children about race and racism in this country. <https://armchairexpertpod.com/pods/ibram-x-kendi>

On The Axe Files: *Best of the Axe Files: Bryan Stevenson*

David Axelrod sits down with Bryan Stevenson, author of *Just Mercy* and founder of the Equal Justice Initiative, a nonprofit that provides legal aid to prisoners lacking legal representation. They discuss Bryan’s path to becoming a renowned lawyer and figurehead, what it will take to confront America’s legacy on race, and more. <https://omny.fm/shows/the-axe-files-with-david-axelrod/best-of-the-axe-files-bryan-stevenson>

Phonology (LINGUISTICS) with Nicole Holliday on Ologies with Alie Ward

Alie sits down with Dr. Nicole Holliday, a linguist, whose work focuses on how language is used in the crossing and construction of racial/ethnic boundaries. Nicole answers questions about the nuances and strict grammatical rules of African American Language, cultural appropriation, our educational system, and ways to honor your identity. <https://www.alieward.com/ologies/phonology>

Watch

Short Videos

Don't Cash Crop My Cornrows

On cultural appropriation in pop culture.

https://youtu.be/O1KJRRSB_XA

Racism Is Real: Systemic Racism Explained

A short video explaining systemic racism.

<https://www.youtube.com/watch?v=fTcSVQJ2h8g>

The Disturbing History of the Suburbs

On redlining: the racist housing policy from the Jim Crow era that still affects us today.

<https://www.youtube.com/watch?v=ETR9qrVS17g>

Videos over 10 minutes

The Danger Of A Single Story

Novelist Chimamanda Adichie discusses the perils of a single story and urges viewers to consider other perspectives.

https://www.ted.com/talks/chimamanda_ngozi_adichie_the_danger_of_a_single_story?language=en

What Being Hispanic and Latinx Means in the United States

A Ted Talk addressing stereotypes and assumptions while providing insight into the role of Latinx people in shaping culture, politics, and the American economy.

<https://www.youtube.com/watch?v=Q1A4Vsh5Qas>

TV Episodes

America Inside and Out with Katie Couric S1 E1

Katie Couric travels through the South to explore the controversy over removing confederate monuments.

<https://www.nationalgeographic.com/tv/shows/america-inside-out-with-katie-couric/episode-guide/season-01/episode-01-re-righting-history/vdka10906929>

TV Shows

Living Undocumented on Netflix

A docu-series detailing what it is like to be living undocumented in this country.

Movies

13th on Netflix

Ava DuVerny follows the history of racial inequality in this country, giving special attention to racial disparities in the prison system and mass incarceration.

Fruitvale Station

Based on a true story, this movie tells the story of Oscar Grant: a man shot by police in the Fruitvale station in Oakland, CA.

Just Mercy

Based on the best-selling book, Just Mercy: A Story of Justice and Redemption, this movie chronicles the life of lawyer and activist Bryan Stevenson.

Selma

This movie follows Dr. Martin Luther King Jr. and the march he led from Selma to Montgomery and the fight for the Voting Rights Act.