

How to Contact the Social Security Office

What you need:

For an intake appointment between October 1st and January 31st, ask for your
2019 Social Security Benefit Verification letter.

For an intake appointment between February 1st and September 30th, ask for your
2020 Social Security Benefit Verification letter.

Call or Visit Local Social Security Office:

Address: 2504 OAKMONT WAY
EUGENE, OR 97401

Phone: 1-800-772-1213

TTY: 1-800-325-0778

Hours:	Monday	9:00 AM - 4:00 PM
	Tuesday	9:00 AM - 4:00 PM
	Wednesday	9:00 AM - 12:00 PM
	Thursday	9:00 AM - 4:00 PM
	Friday	9:00 AM - 4:00 PM
	Saturday	Closed
	Sunday	Closed

Call in After Hours:

1-800-772-1213. Follow **BOLD** instructions below.

(Male voice) "Thank you for calling. How can I help you?"

Say "Proof of Income"

"Are you are you already receiving Social Security income?"

Say "Yes"

Say "Continue"

"Do you agree to these terms?"

Say "Yes"

Enter Social Security number one digit at a time.