

Safe + Strong Helpline Launches

If you are looking for emotional support, there are more resources available. Oregon-based nonprofit **Lines for Life** and OHA have launched the Safe + Strong Helpline at 800-923-4357 (800-923-HELP). The line offers free, 24-7 emotional support and resource referral to anyone who needs it – not only those experiencing a mental health crisis.

The Safe + Strong Helpline is a response to the need for emotional support around disasters like COVID-19 and wildfires and was funded by the CARES Act. Callers are routed to a counselor who can provide emotional support, mental health triage, drug and alcohol counseling, crisis counseling or just connection.

OHA has also expanded its Safe + Strong education and outreach campaign to include behavioral health resources. A **behavioral health landing page** offers mental and emotional support information and resources as well as guidance for how to have conversations with loved ones who may be struggling.

"The ongoing pandemic along with multiple other stressors are affecting Oregonians' mental health," said OHA Director Patrick Allen. "Over the past seven months, we have seen incredible resilience from communities across the state, as we have come together to support each other in powerful ways. We hope Oregonians will reach out to get the support they need and share resources with others in their communities. It's OK to ask for support, and we want to make it as easy as possible to take the first step to get help."

Resources:

Safe + Strong Helpline: 800-923-4357 (HELP).

Safe + Strong: www.safestrongoregon.org/.

National Suicide Prevention Lifeline: 800-273-8255.

If you're having trouble coping, you're not alone.

The Safe + Strong Helpline is an emotional support and resource referral line that can assist anyone who is struggling and seeking support. Callers do not need to be in a crisis to contact this line.

Help is free and available 24/7. Language interpreters are available.

1-800-923-HELP (4357)



<https://www.safestrongoregon.org/>



Medical/Prescriptions

Need help paying for your prescriptions? OHA and OPDP (Oregon Prescription Drug Program) can help. Call 971-209-8491 for information about the Discount Card Program <http://www.opdp.org/oha.pharmacy@state.or.us>

No age or income restrictions

Only takes a minute to enroll

All prescriptions are eligible for discounts

No membership fee to join

Food Safety During a Power Outage

<https://www.foodsafety.gov/food-safety-charts/food-safety-during-power-outage>

Replacing Prescriptions and Medical Equipment Lost to Fire

Oregon Health Plan (OHP) members: Did you leave home quickly because of nearby wildfires without grabbing the durable medical equipment (DME), supplies or prescriptions you need? We want you to know that you can get these items replaced. If you have any trouble replacing things like DME, supplies or prescriptions, your coordinated care organization (CCO) can help. Find your CCO contact information here: <http://ow.ly/jprH50BoEAi>. If you are an OHP member with an open card, contact Member Services at: 800-273-0557.

We know these are difficult times and want to help make sure that you have the medicine and medical supplies you need to stay healthy.

Wildfire-Related Disaster Unemployment Assistance

The Oregon Employment Department has officially launched [wildfire-related Disaster Unemployment Assistance \(DUA\)](#). They are now accepting applications from people whose employment was directly affected by the recent wildfires.

You can find DUA applications, instructions, answers to frequently asked questions and more at the Oregon Employment Department's website: www.oregon.gov/EMPLOY/Disaster

DUA applications must be received by Oct. 23, 2020. It is important to note that anyone receiving any kind of unemployment benefits (UI, PUA, etc.) will not be eligible for DUA. Helpful information for those who have been impacted by the wildfires can be found at unemployment.oregon.gov, and in this [Wildfires FAQ](#).

How to Apply for Disaster Aid Due to Wildfires

If you experienced uninsured losses or damage due to wildfires, you may qualify for disaster aid. Federal funds are available to help eligible individuals recover from wildfire in Clackamas, Douglas, Jackson, Klamath, Lane, Lincoln, Linn, and Marion Counties.

Oregon received federal emergency aid to supplement state, tribal and local recovery efforts in areas wildfires and straight-line winds affected beginning on Sept. 7, 2020.

“Oregon is resilient, but to fight fires on this scale, we need all the help we can get,” said Governor Kate Brown. “I am grateful for the White House’s swift response in quickly granting a Presidential Disaster Declaration and the immediate implementation of the Federal Emergency Management Agency’s individual assistance program, which will help bring additional relief to Oregonians impacted by the devastation of these fires.”

Assistance may include grants for temporary housing and home repairs, low-cost loans to cover uninsured property losses and other programs to help individuals and business owners recover from the effects of the disaster.

Individuals and business owners who sustained losses in the designated areas can begin applying for assistance by registering online at www.DisasterAssistance.gov or by calling 1-800-621-3362 or 1-800-462-7585 TTY. You are encouraged to apply as soon as possible.

Federal assistance through FEMA’s Public Assistance program is available to Benton, Clackamas, Columbia, Coos, Deschutes, Douglas, Jackson, Jefferson, Josephine, Klamath, Lake, Lane, Lincoln, Linn, Marion, Multnomah, Tillamook, Wasco, Washington, and Yamhill Counties.

Governor Brown provided an update on Oregon’s emergency response at [a press briefing today](#).

You can find more information about applying for assistance, current conditions and other resources at wildfire.oregon.gov.

Fees Waived for Replacing Some Vital Records Lost to Wildfires

Many Oregon families may have lost all vital documents due to the deadly wildfires burning across the state.

The Center for Health Statistics has issued temporary rules to waive fees for people who have experienced loss of property or life associated with the wildfires. This temporary rule provides up to three certified copies of Oregon vital records free of charge if requested in connection with the Governor’s [Executive Order 20-35](#). This new rule will remain in effect until March 1, 2021.

The State Vital Records office will provide up to three certified copies of a birth, death, marriage, divorce, domestic partnership or dissolution of domestic partnership free of charge if the record is requested in connection with Executive Order 20-35 related to wildfire response. The Executive Order only applies to fires that occurred in Oregon.

County Vital Records offices will provide up to three certified copies of death or birth records free of charge if the record is requested in connection with Executive Order 20-35 related to wildfire response.

See answers to frequently asked questions and learn how to order copies and apply for the waiver on the [State Vital Records website](#).

DMV - Go Online to Replace Driver License, Registration and Proof of Ownership

The wildfires devastating Oregon are leaving many without essential documents such as a driver license, ID card or proof of vehicle ownership. Oregonians who need to replace damaged documents can go online to take care of most of these needs at [DMV2U.Oregon.gov](https://dmv2u.oregon.gov). If you are displaced because of a wildfire and need to update your mailing address, you also can do that online. Local DMV offices are open by appointment-only for limited transactions, so please use online or mail options to request replacement documents or license/ID cards.

Update your mailing address: If you have a new mailing address or are having mail sent to a trusted family member or friend, use the online tool to let DMV know. This is important to do before ordering a replacement license/ID card.

Replace a license/ID card: Order a replacement license or ID card online through DMV2U. It will be mailed to the address on record, so be sure to update your mailing address if needed before ordering a replacement. The card will be printed with the photo on file.

Get proof of vehicle ownership: Go to DMV2U to view vehicle information and order a replacement registration card.

Reporting the loss of vehicle: You can notify DMV of the sale or total loss of a vehicle you own using our online form or notify us by mail.

Order a replacement title: Ordering a replacement title must be done by mail. A fillable form is available on the website to print and mail to DMV.

To complete most online transactions, you will need your driver license or ID card number, plus other information known only to you. If you do not know your card number, call DMV Customer Assistance at 503-945-5000 for help. *DMV customer assistance phone lines are closed on Sept. 11 due to office closures in place because of wildfires and hazardous air quality.*

If you are in a car or RV with expired registration tags, remember that there is an enforcement [moratorium](#) in place through the end of the year. On July 7, Governor Kate Brown signed into law Senate Bill 1601, which creates a moratorium on citations issued by law enforcement in Oregon for expired DMV credentials due to the COVID-19 pandemic and the subsequent reduction of DMV services effective between March 1, 2020 and Dec. 31, 2020.

You can learn more about how to replace DMV-issued documents on the [DMV wildfire resource page](#). For information about the current status of wildfire activity in the state, go to <https://wildfire.oregon.gov/>.